



# 2011

October 1 • 11:00 am

## DU-Good Off-Road Duathlon Registration

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Email (will be used for updates on the race) \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex M F

Shirt Size - shirts available for first 100 registrants (circle one)    YS    YM    YL    S    M    L    XL    XXL

**Level** (Circle one from below)

Experienced (3mile/9mile/3mile)    Novice Team (2 or 3 people)

Novice Individual (1mile/5k/1mile)    Kids 1/2 DU (ages 5-10)

Team Name \_\_\_\_\_

Registration	Before Sept. 24	Sept. 25 - Sept. 30
Individual	\$25	\$35
Team	\$50	\$60
Kids 1/2 DU	\$15	\$15

**Packet Pick-up:** September 30, 2011 5:00 - 7:00 pm and October 1, 2010 8:00 - 10:00 am at Frazier Park

\_\_\_\_ My Payment is enclosed. (Make checks payable to Du Good Events)

**Mail registration form to: Du Good Events • P. O. Box 921 • Ulysses, Kansas 67880 • phone 620-575-6556  
ONE ENTRY PER APPLICATION • THIS MAY BE REPRODUCED • NO REFUNDS, EXCHANGES OR TRANSFERS**

**Duathlete's Checklist**

- Entered the correct race
- Check or money order to: DU Good Events • P.O. Box 921 • Ulysses, KS 67880
- Marked calendar: Saturday, October 1st
- Completed and signed registration form
- Selected shirt size indicated

**EVERY PARTICIPANT MUST SIGN THIS WAIVER! Parent/Guardian for anyone under 18 must sign the waiver.**

STANDARD ACKNOWLEDGMENT, WAIVER AND RELEASE FROM LIABILITY. ALL ATHLETES MUST READ AND SIGN. PLEASE READ CAREFULLY BEFORE SIGNING THIS ACKNOWLEDGEMENT, WAIVER AND RELEASE FROM LIABILITY (AWRL). I acknowledge that a duathlon is an extreme test of a person's physical and emotional limits and carries with it the potential for death, serious injury and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN A DUATHLON, specifically I assume the risk of participating in the DU Good Off-Road Duathlon 2011. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical professional. I hereby take the following actions for myself, my executors, administrators, heirs, next of kin, successors and assigns: a) I AGREE to abide by the rules and regulations of this event; b) I WAIVE, RELEASE, AND DISCHARGE from any and all claims or liabilities for death, personal injury, property damage, theft or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from the DU Good Off-Road Duathlon 2011, THE FOLLOWING PERSONS OR ENTITIES: DU Good Events, City of Ulysses Parks and Recreation Department, Frazier Park and Bentwood Golf Course, and all other event sponsors, race directors, event producers, volunteers, and the officers, directors, employees, representatives and agent of all of the above; c) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and d) I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions during the DU Good Off-Road Duathlon 2011. I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT AND I UNDERSTAND ITS CONTENTS.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date